

## **THE BE REBELLIOUS CHALLENGE**

All information provided within this challenge, including meal plans, all health information, workout plans, and products endorsed are intended to maintain and improve the health and well-being of the clients. This challenge is designed to monitor health progress; medical issues are not intended to be diagnosed through any provided plans and products. We do not intend to diagnose any medical issue with our products or plans since no staff on our team are not considered medical professionals.

It is your responsibility as the client and participant to discern whether you have any medical condition that could potentially interfere with your ability to actively engage in and complete this plan. By reading this, you recognize and understand that there are inherent risks of physical and mental conditions, illnesses and/or injuries associated with engaging in physical activity and participating in classes and events. All risks are further compounded by the fact that many of the exercises and/or activities are unsupervised at some or all times. Any exercise programs and/or activities, supervised or unsupervised, are solely at your own risk with full knowledge of the dangers and risks inherent within. With your acknowledgement of this you hereby release, waive, and forever discharge and covenant not to sue Rebel Body Fitness for all injuries, losses or damages and/or claims or demands of any type, known or unknown, on account of or in any way related to any illness, condition, and/or injury to my person or property, or which may result in your death. Our challenges and services are specific to people over 18 years of age.

If you have any medical conditions that could be exacerbated by diet modifications and exercise, or if you are pregnant or nursing, you should not participate in this plan. We are not responsible for any injuries sustained while participating in this challenge, or while you are using any products and services. By reading this, you are confirming the above statements and agreeing to personal responsibility for all effects of your participation in this challenge. Please seek medical attention prior to joining this challenge and submitting to any program recommendations. While we take responsibility for all recommendations provided, we recommend that you read and analyze any information we provide with a medical professional to ensure that it is the correct advice for you. All of our challenge team disclaim all liability or loss in conjunction with the use of any of our services provided.

All challenge information and trademarks used belong to our company and its owners. Please be aware that we have a NO REFUND policy. This challenge represents an intangible service that is non-refundable at any time.